

**Runanga Whakapiki Ake i te Hauora o Aotearoa**  
**Health Promotion Forum of New Zealand**



**Kia ora**  
**Hauora**  
**Whānau ora**

A Review of Traditional Concepts of  
Health

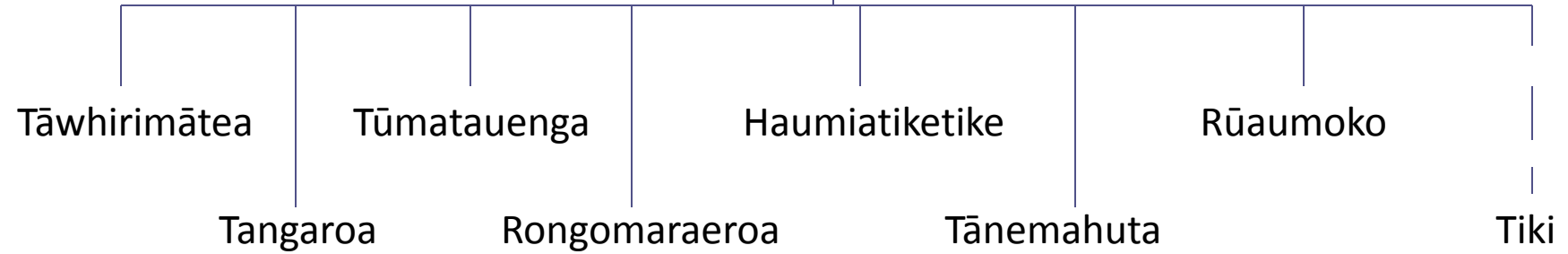


# IŌ

Te Pū - Te More  
Te Weu - Te Aka  
Te Rea - Te Wāonui  
Te Kune - Te Whe  
Te Kore - Te Po  
**Ranginui - Papatuānuku**



# Ranginui — Papatuānuku





[www.hauora.co.nz](http://www.hauora.co.nz)



NEW ZEALAND



[www.hauora.co.nz](http://www.hauora.co.nz)

# NEW ZEALAND



[www.hauora.co.nz](http://www.hauora.co.nz)

# Whare Kohanga



“He puta taua ki te tāne,  
he whanau tama ki te wahine”





[www.hauora.co.nz](http://www.hauora.co.nz)



[www.hauora.co.nz](http://www.hauora.co.nz)

# Tangihanga





# Wero



[www.hauora.co.nz](http://www.hauora.co.nz)



[www.hauora.co.nz](http://www.hauora.co.nz)

# Kai/ Food Traditional Aspects



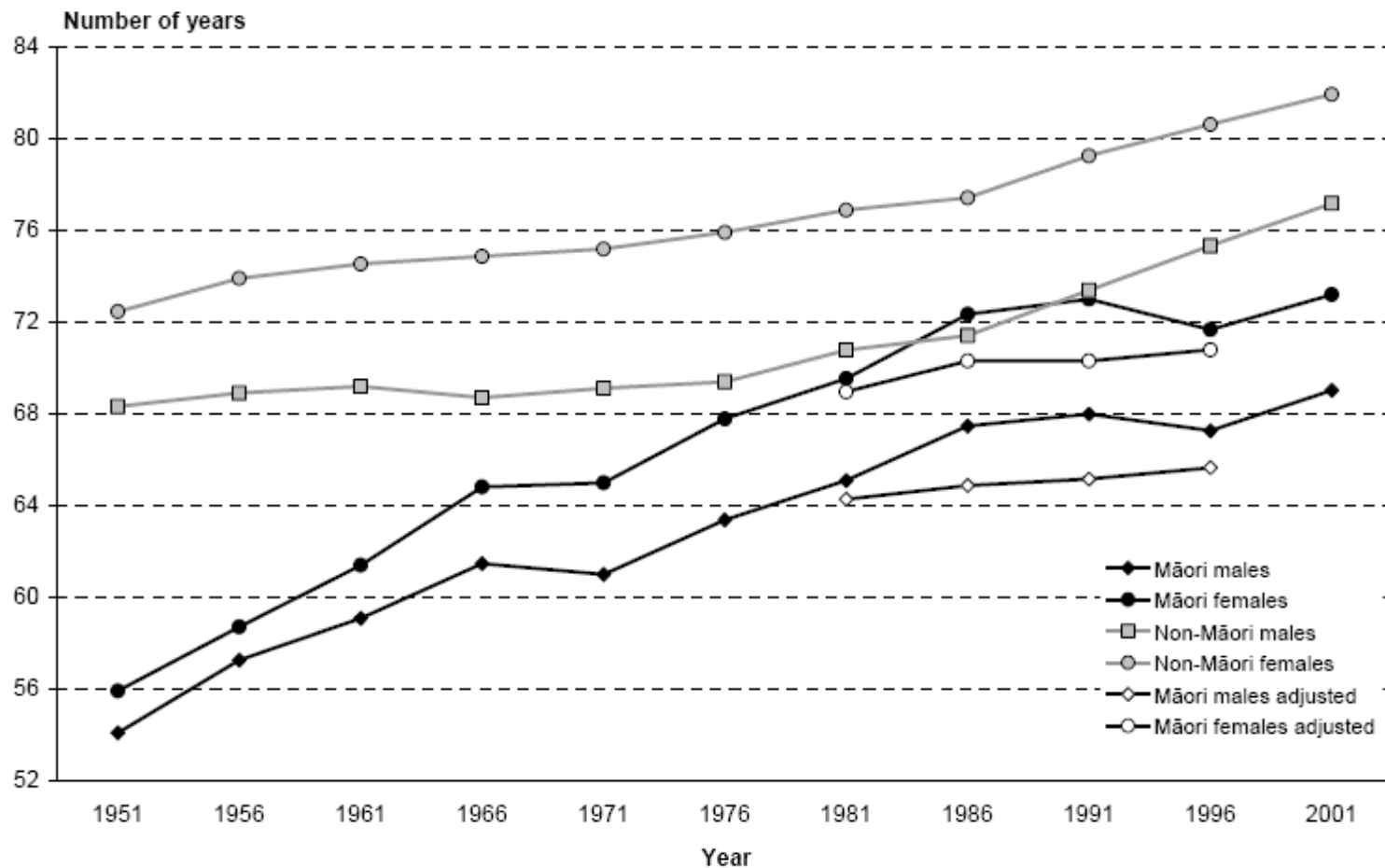
[www.hauora.co.nz](http://www.hauora.co.nz)

# *So what.....?*

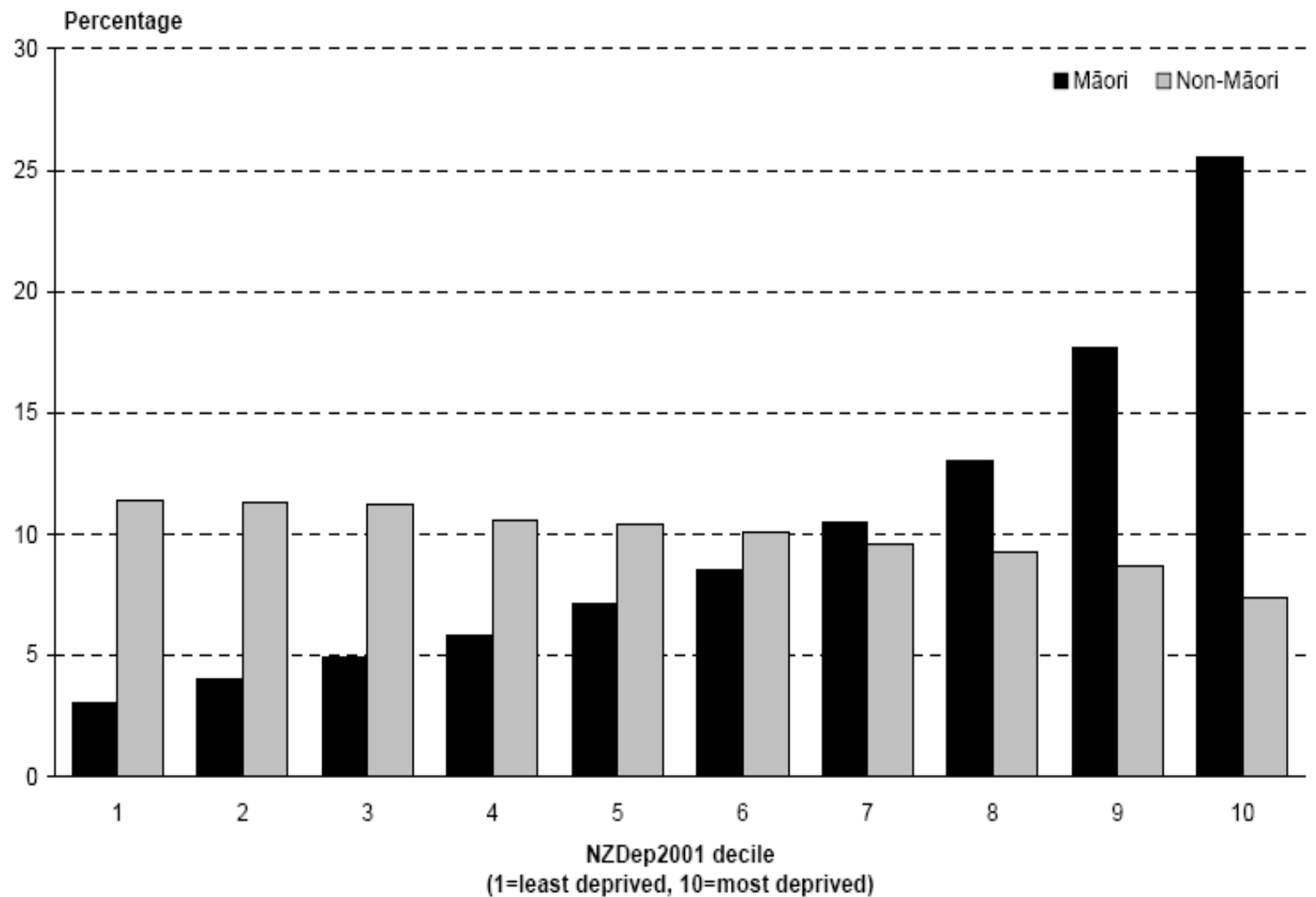
- Māori Health Status
- Political and Economic Factors



Figure 2.5: Life expectancy at birth, by gender and ethnicity, 1951–2001

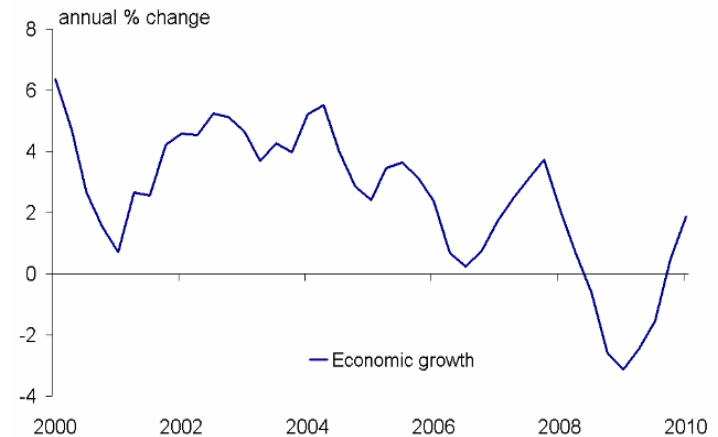


**Figure 3.2: Distribution of deprivation by ethnicity 2001**



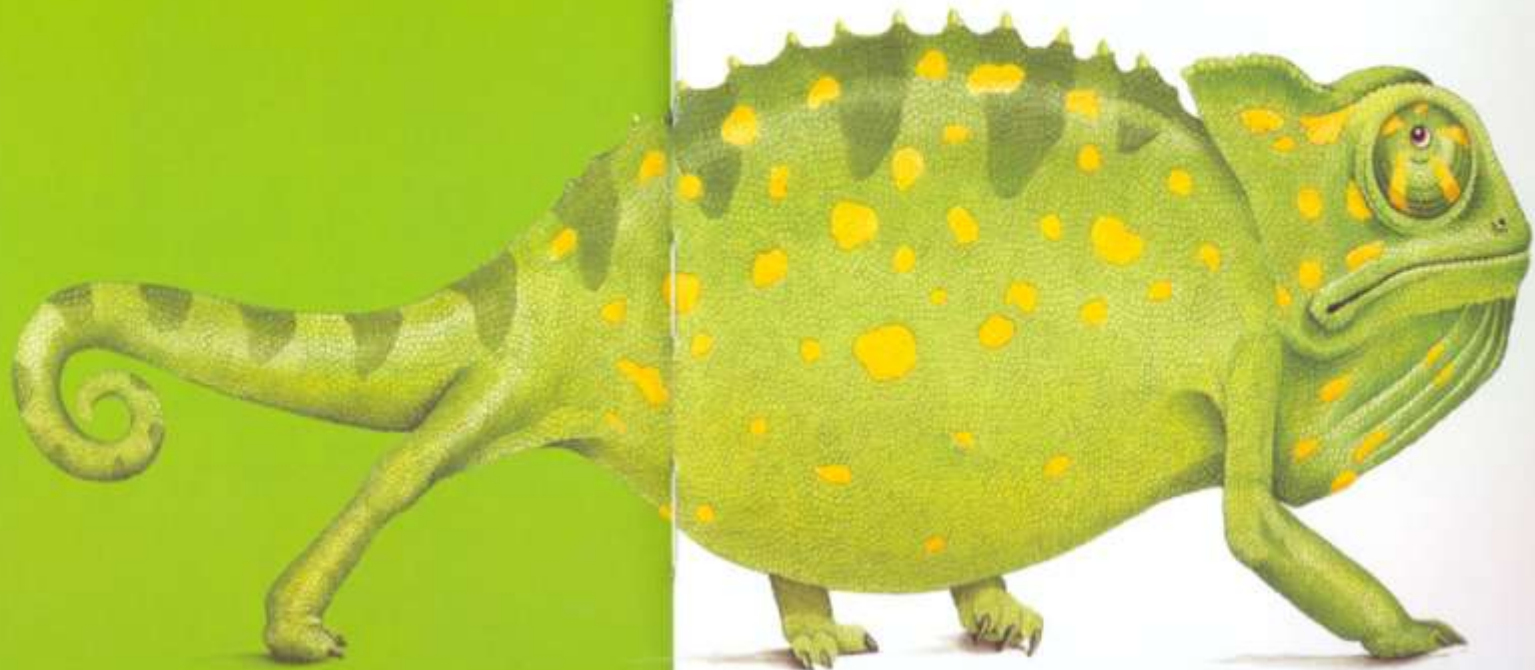
# Political, Social and Economic Factors

- Horn Report (Ministerial Review Group 2009)
- Economic Projections
- Demographic change
- Whānau Ora



*There's no problem so big or complicated*

*that it can't be run away from.*



[www.hauora.co.nz](http://www.hauora.co.nz)

# A way forward....

- Consistent with Māori World Views
- Due Diligence
- Build the evidence base
- Optimise Māori HP Workforce





Runanga Whakapiki Ake i te Hauora o Aotearoa  
Health Promotion Forum of New Zealand

PO Box 99 064 Newmarket Auckland 1149 | [www.hauora.co.nz](http://www.hauora.co.nz)