

NUTRITION AND PHYSICAL ACTIVITY REGIONAL FORUM CHRISTCHURCH

29th July 2010, Latimer Hotel

8.45am	Registration, Tea and Coffee	
9.15am	Welcome and Housekeeping	TBC
9:30am	Māori Health Development- Traditional foundations informing current approaches in the context of nutrition and physical activity.	Trevor Simpson Health Promotion Forum
10.30am	MORNING TEA	
11:00am	Enhancing Food Security – What is the evidence and how can this be applied locally?	Christina McKerchar Te Hotu Manawa Māori
12.00am	Working with Primary Care on Physical Activity and Nutrition Initiatives - Lessons learned	Tracey Barron Counties Manukau DHB
12.45pm	LUNCH	
1.45pm	Concurrent Sessions	
1.45pm	The Hundy Club TBC - Ngai Tahu	Developing consistent nutrition messages in Primary Care 10 steps to a healthier weight resource Sarah Munn – Pegasus Health Bronwen King - Appetite for Life prog. manager
2.15pm	Expanding our reach - MSD project Kim Sinclair - HEHA Project Manager	Be Active Linda Wensley - Sport Canterbury
2.45pm	Nutritional Issues amongst Refugees and Migrants to Canterbury' Wayne Reid & Katherine Zhang – Partnership Health	Building really healthy communities: Research update on breastfeeding and what's happening in Canterbury Carol Bartle - Te Puawaitanga Ki Otautahi Trust
3.15pm	Wrap Up, Evaluation and Prize Draw	Julia Lyon (ANA)
3.30pm	Karakia	