

Green Prescriptions update

National Provider Meeting
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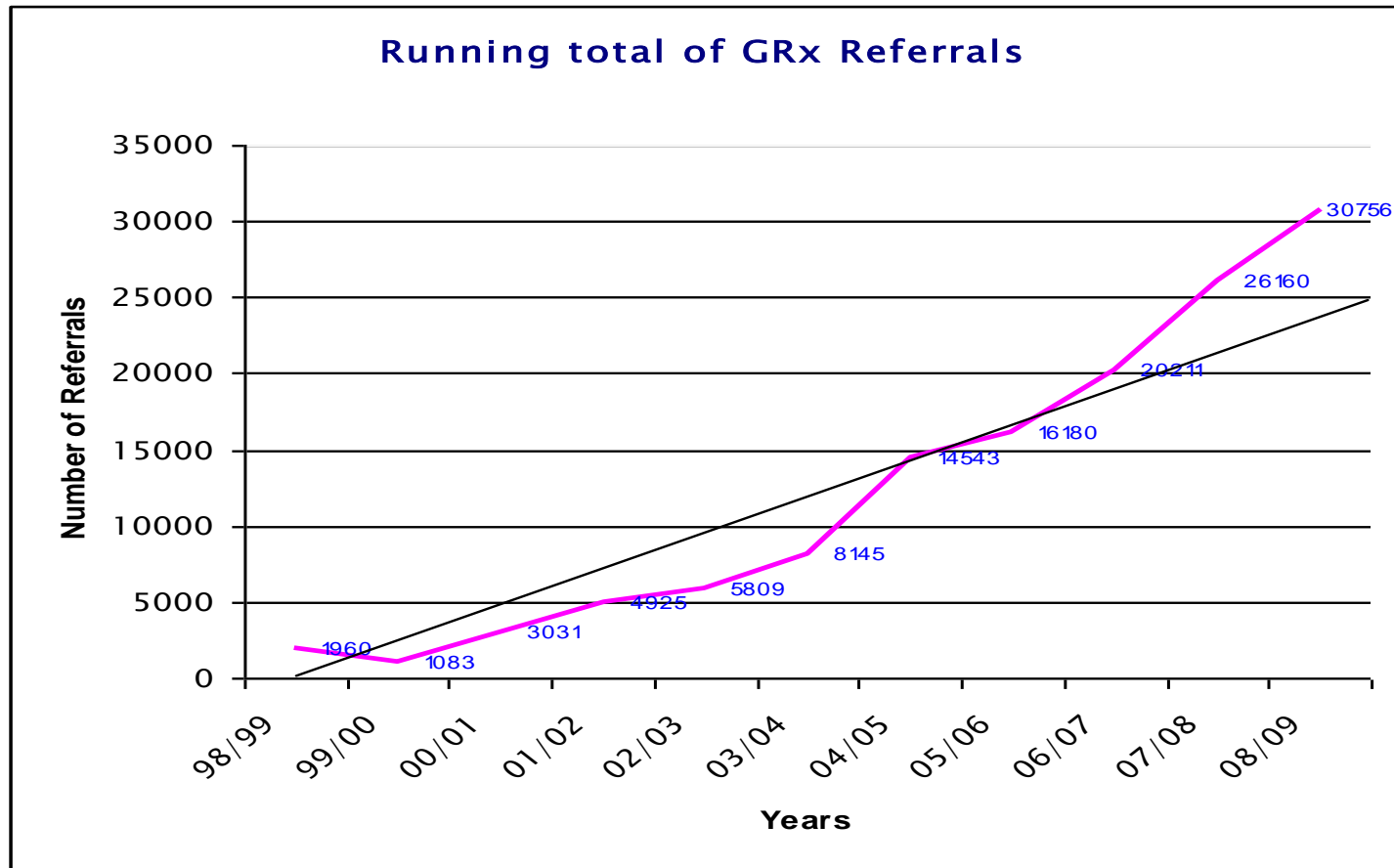


Presentation Overview

- ▶ GRx referral growth from 1998
- ▶ GRx 2008–2009
- ▶ GRx 2009–2010
- ▶ GRx 2009–2010 progress so far
- ▶ For more information
- ▶ GRx success story



GRx referral growth



GRx 2008–2009

- ▶ Target of 30,000 referrals (30,756 achieved) and 713 families referred (877 children)
- ▶ Women's Lifestyle Study published in BMJ demonstrated that a primary-care based, nurse led, prescriptive exercise programme can achieve sustained increases in physical activity
- ▶ 100% awareness of GRx by GPs
- ▶ 77% of GPs satisfied with patient support



GRx 2008–2009 cont.

- ▶ Healthy Steps research completed by AUT
- ▶ 17 GRx Area Managers and 16 GRx Active Families Coordinators
- ▶ Integration into MOH guidelines – depression and weight management



GRx 2008–2009 cont.

- ▶ 42 PHOs had GRx in training, 38 in plans and 28 invested
- ▶ 57% of patients still active after more than 8 months
- ▶ 84% of patients satisfied with support
- ▶ Change of government



GRx 2009–2010

- ▶ 1 July 2009 GRx transferred to MOH
- ▶ New opportunities for integration and alignment with CVD and diabetes health targets
- ▶ Increased focus on self management of long term conditions



GRx 2009–2010 cont.

- ▶ GRx referrals capped at 2008–2009 level (30,756)
- ▶ Existing GRx adult and GRx Active Families contracts extended to 30 June 2010
- ▶ Women's Lifestyle Study cost-effectiveness analysis completed
- ▶ Healthy Steps cost-effectiveness research underway
- ▶ Fit2Quit randomised controlled trial starting early 2010
- ▶ GRx Active Families evaluations completed



2009–2010 Progress so far

- ▶ GRx referrals to end October 10,809 (annual target 30,756, four month target 10,232)
- ▶ GRx Active Families quarter one 273 referrals catering for children from 238 families
- ▶ Of these 124 are from Maori families, 64 from NZ European and 64 from Pacific families
- ▶ Ages range from under five to 17 with most aged 11 and 12
- ▶ Equal numbers of boys and girls
- ▶ Most referrals from GPs (76) or self-referred (62)



For more information

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“ Doctor, I want to see my armpits again.”

