



**OTAGO PACIFIC PEOPLE'S HEALTH TRUST**



# **BOARD COMPOSITION**

## **REPRESENTATIVES FROM**

**Samoa**

**Cook Islands**

**Tonga**

**Fiji**

**Niue**

**Kiribati**

**Tokelau**

**Melanesian**

# CONTRACTS

- HEALTH PROMOTION
- WELL CHILD
- SKIP
- PACIFIC PROVIDER DEVELOPMENT FUND

# Dunedin Population 2006 census

	Dunedin City	New Zealand
<b>European</b>	73.6%	61.2%
<b>Maori</b>	6.0%	13.3%
<b>Pacific Peoples</b>	2.1%	6.2%
<b>Asian</b>	5.0%	8.3%
<b>MELAA<sup>1</sup></b>	0.7%	0.8%
<b>Other</b>	12.7%	10.1%

# **HEALTH PROMOTION**

**NUTRITION & PHYSICAL  
ACTIVITY**

**'COMMUNITY ENGAGEMENT'**

# Processes

**Buy in** – Build relationships

Reality for OPPHT

- Consultations (staff, stakeholders, target groups, etc - Partnership/Ownership/Transparency (visit each community once a year)
- Participation
- Trial and error
- Start small, simple then builds on
- Role modelling
- Outcomes???

# AEROBICS

Weekly (Monday & Tuesday)



# OPPHT INSIDE OUT FITNESS GROUP (Weekly – Wednesdays)



# SOCIAL NETBALL

Weekly (Wednesday & Thursday)



# ELDERLY EXERCISE

Weekly – Thursdays



# WALKING GROUP

Weekly - Friday



# COMMUNITY SESSION

Every 2<sup>nd</sup> and 4<sup>th</sup> Friday of the Month



# SPORTS TOURNAMENT

3 School Holidays a year



# ISLANDS' CULTURAL NIGHT ANNUALLY (October)



# **GARDEN COMPETITION**

**Annually (Sep-Dec)**

# BEFORE

# AFTER



# CAMP

(Annually)



# Partnership Projects

- Public Health South – cooking classes
- University of Otago – research
- Well Dunedin PHO – Health Check
- OHEHA
- Dunedin City Council – PA strategy

## **In addition: Other collaborative Networks**

Sports Otago, Heart Foundation, Cancer Society, Arai Te Uru (Maori health provider), Diabetes Otago, PHOs, GPs, Sport Centre, Gym facilities, etc

# POSITIVES

- Dunedin Pacific village concept
- Easy to interact with other main stream organisation (mostly)

# CHALLENGE

- Population base funding