

Asian Nutrition and Physical Activity Forum Programme 2009

9.00 am	Tea, coffee & chance to network
9.30 am	Forum Opening <i>Ruth De Souza: Master of Ceremonies</i>
9.40 am	Welcome <i>Agencies for Nutrition Action</i>
NEW EVIDENCE	
9.45 am	NZ Health Survey 06/07 – Analysis for Asians <i>Associate Professor Robert Scragg</i>
10.15 am	Nutritional Needs Assessment of East Asians Living in Christchurch <i>Katherine Zhang</i>
10.45 am	MORNING TEA
ACTION	
11.15 am	Auckland Regional South Asian Obesity Prevention Programme <i>Presenter TBC</i>
11.30 pm	Engaging Indian New Zealanders in Sport's Recreation and Outdoor Pursuits <i>Ram Lingam SPROUT</i>
11.45 pm	Physical Activity Break: BollyworX <i>Anjana Bonesetter SPROUT</i>
12.00 pm	DHB updates on Asian HEHA Initiatives
1.00 pm	LUNCH
CONCURRENT 1: WORKSHOP	
2.00 pm	Cultural Awareness and Skills for Working with Culturally Diverse Populations <i>Facilitated by Sue Lim.</i>
CONCURRENT 2: EMERGING NUTRITION ISSUES & RESEARCH	
2.00 pm	Vitamin D Deficiency in South Asians - Implications and Recommendations <i>Pam Von Hurst</i>
	Breaking the Cycle - Intergenerational effects of low vitamin B12 in pregnancy, implications for vegetarian women. <i>Gael Mearn's & Professor Elaine Rush</i>
	Designing primary health interventions for promoting physical activity, healthy eating, and weight management in South Asian communities. <i>Dr Scott Duncan</i>
RESOURCES	
3.15 pm	Launch of South Asian HE resource <i>Varsha Asrani and Chris Cook</i>
3.30 pm	Heart Foundation Asian Nutrition Resources <i>Parul Dube</i>
3.40 pm	Update on Obesity and Overweight Guidelines for South Asian <i>TBC</i>
3.50 pm	Evaluations, Wrap up.
4.00 pm	Finish