



**COMMUNITY HEALTH**  
**Te Puna Hauora o Wairepo**

# Profile of Victory

- ⌘ 5000 people
- ⌘ Ethnically Diverse
- ⌘ Young
- ⌘ Low Income
- ⌘ Dep Index 7-10



# Victory Primary School



# Victory Community Centre

- Built by Victory Primary School in 2007
- Hall – 250 +
- Meeting room – 35+
- Kitchen
- 4 community offices
- Health Clinic



# How It Began



- **1990s - Toi Toi Trust**
- **2001 - low cost health centre proposal**
- **2002 - Social Wellbeing priorities**
- **2004 - Victory Village Project**

# **Victory Community Health Mission**



***To provide community-owned,  
low cost, accessible, appropriate  
and high quality services  
and activities which support  
health and wellbeing.***

# People On The Team At Victory Community Health

**Kindra Douglas**

**CENTRE MANAGER**

**2008 Nelsonian of  
the Year**



# People On The Team At Victory Community Health

**Gareth Cashin**

CENTRE  
COORDINATOR





*Making the Active choice the easy choice*

# **Nelson Tasman Physical Activity Plan**

**Partnership between TDC, NCC,  
NMDHB, Tasman Regional Sports  
Trust and NBPH**

# VICTORY on the MOVE



**⌘ 20+ activities changing every term**

**Sit and Be Fit**

**Yoga**

**Pilates**

**Harakeke**

**Drumming**

# **Gareth Coordinates The Use Of The Hall And Meeting Room**



**Playgroup  
Hip hop and Salsa  
Kapa Haka  
Training Workshops  
Networking Sessions  
Committee Meetings**

**90 group bookings per month**



# **NEWS**

**Goes to 2500 households every 3 months**

**Paid for by local businesses**

**Graphic designer is a Victory resident**

**Info about local activities, people and places**

**Improving connections and belonging**

# And Organises Events....

## Walk the Victory Mile Matariki celebration



# People On The Team At Victory Community Health

**Penny Molnar**

**BE WELL  
COMMUNITY  
NURSE**



# WARRANT OF FITNESS

**Lungs, blood sugar & pressure**

**Nits**

**Hearing Tests**



# **Working With Individuals & Families**



**Housing, food parcels**

**Networking with VPS social worker  
and other agencies**

**Enrolling people with doctors**

**Picking people up for appointments.**

# **Free, Regular Services**



**Arthritis Nurse Educator**

**Asthma Nurse Educator**

**Cervical Smears**

**Plunket Nurse**

**Midwives**

# People On The Team At Victory Community Health

**Robina  
McCurdy**

GARDEN  
COORDINATOR



# **Victory Community Garden**



**Demonstration and learning  
environment**

**Workshops on garden design,  
composting**

**Work with Waimarama Community  
Organic Garden Trust**

**Allotments for groups and individuals**



# Community Offices



**Parents as First Teachers**

**Maori Diabetes Nurse**

**PATHS – Providing Access to Health Solutions**

**Consult space- used approx 5 hours a day**

- 4 volunteer counsellors**

- Nelson Tasman Housing Trust**

- Work and Income**

- Community Law**



# **Proactive Model Building Social Capital ...**



**...Which Improves Social Wellbeing  
And Health Outcomes**

**2000 clients in first year.**

**(1-1 services)**

# Much More Than Just A Building!

